



**Our mission:** Sustainability, efficiency, and conservation: Planting seeds for a greener tomorrow.

## Mark Your Calendar

2017

### International Year of Sustainable Tourism and Development

#### February

#### National Library Lovers Month

- Feb 2 World Wetlands Day
- Feb 5 Nat'l Weatherman's Day
- Feb 8 Boy Scout Day
- Feb 13 Clean out Your Computer Day
- Feb 17 Random Acts of Kindness Day
- Feb 27 Int'l Polar Bear Day

#### March

#### National Frozen Food Month

- Mar 3 World Wildlife Day
- Mar 12 Girl Scouts Day
- Mar 14 National Pi Day
- Mar 20 Int'l Earth Day
- Mar 21 Int'l Day of Forests
- Mar 22 World Water Day
- Mar 23 World Meteorological Day
- Mar 25 Earth Hour (8-9 PM)
- Mar 30 Take a Walk in the Park Day

#### April

#### Earth Month

- Apr 1 Fossil Fools Day
- Apr 4 Walk Around Things Day
- Apr 7 Nat'l Walk to Work Day
- Apr 13 Int'l Plant Appreciation Day
- Apr 18 World Heritage Day
- Apr 22 Earth Day
- Apr 26 Admin Professional Day
- Apr 28 Arbor Day



Winter Edition

January 2017

A publication for the Airport Community of Orlando International & Orlando Executive Airports

## Congratulations!

On Wednesday, January 25th, three GOAA staff members were recognized for their outstanding contribution to the GOAA Green Team in 2016: Yvonne Clay, Angela Howard, and Anita Lemmon. Thank you for the countless hours you have devoted to planning, executing and promoting Green Team activities and events.



Yvonne Clay



Angela Howard



Anita Lemmon

### MCO's Celebrates America Recycles Day

November 15, 2016



# GOAA Partners with Recycle Across America

On November 15th, 2017, MCO continued its longstanding tradition of environmental responsiveness and hosted the official unveiling of the “Recycle Right” campaign, led by GOAA partner, Recycle Across America. Ours is the first major international airport to join a growing national campaign to adopt standardized labels for recycling containers. With over 41 million annual passengers, we have the ability to reach and educate a large global audience on the value and importance of recycling right. GOAA is excited to be a part of the standardized label movement, and we look forward to the success of the program here, across the country, and around the globe.

*Recycle Across America (RAA) is a 501(c)(3) non-profit organization that has developed the first and only society-wide standardized labeling system for recycling bins to help eliminate the public confusion surrounding recycling, and to improve the economics of closed loop manufacturing.*



# The Skinny on Upcycling

By Carla Girtman, GOAA Airfield Operations

By definition, upcycling is reusing something that is usually thrown out and creating something else that is of a higher quality or value than the original. For example, take a stained table cloth and turn it into curtains or turn plastic bottles into flowers. If you google "upcycle," you will find thousands of ideas on making treasure from "trash!"

Naoemi Hernandez, of Southwest Airlines, tells her story of upcycling when she took fast food shopping bags to create gift bags for a baby shower.



*"One day I was eating my lunch in the gates break room, and I saw a bunch of shopping bags that had been sitting on a top shelf for a couple of weeks. I asked if anyone was holding them for any reason, and they said no. I told everyone in the break room I would recycle all these bags to hold gifts I had for my Goddaughter's baby shower coming up the following Saturday. Everyone kept telling me things like "Why don't you buy gift bags instead? They are cheap." I replied "Why should I buy new bags if I can use these?" They looked at me like I was crazy! On the employee bus, a lot of people asked me what I was going to do with all the bags, and I told them I'm all about recycling! On the day of the baby shower, everyone was surprised when I said that those bags were recycled from McDonalds, Chipotle, and Bath & Body Works. They were so impressed when I told them! They were giving me compliments and said they were beautiful! I hope everyone else could do the same!"*



## ARD 1st Annual Upcycling Challenge

MCO's America Recycles Day put out an upcycle challenge to help celebrate ways of taking something that could be considered trash and turning it into something useful or a piece of art. There were four entries in total. Judging was left to passengers and guests who used bottle caps to vote for their favorite entry.

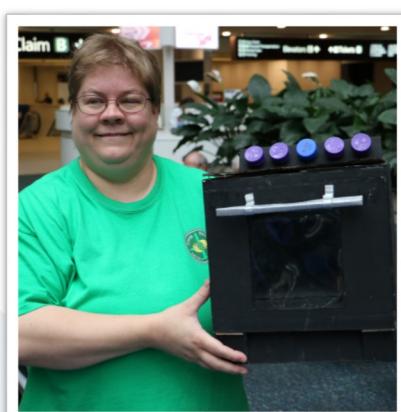
A big THANK YOU to our participants! We encourage everyone to participate in the 2017 Earth Day Upcycle Challenge! Stay tuned for details.



**Flowers**  
1st place (tie)  
**Chris Ralph, GOAA IT**



**Trash 2 Trends Glamor Bag**  
1st place (tie)  
**Jody Buyas**



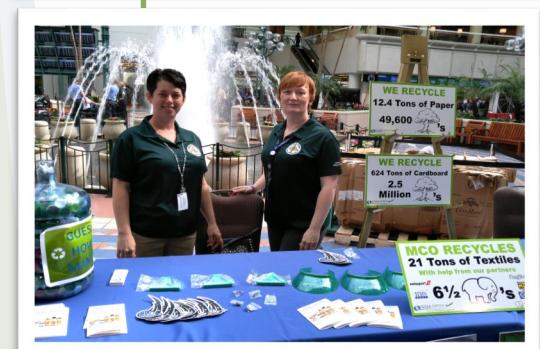
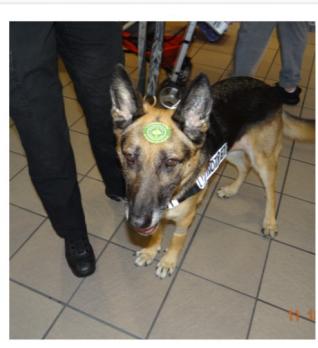
**Play Stove**  
2nd place  
**Hilary Girtman**



**Planters**  
3rd place  
**Sharon Hartmann**



# ARD Photo Ops! There's more on page 7



# Green Roots Around the Airport

## NEW GOAA Green Team

### Airport Challenge!

The Green Team is collecting plastic caps for a great cause! Caps of Love, a non-profit organization, provides wheelchairs to physically challenged youth while encouraging the public to recycle.

Congratulations to our winners who enjoyed a month long visit from Al E. Gator. Please send us your pictures of Al E. Gator enjoying his stay! [GreenTalks@goaa.org](mailto:GreenTalks@goaa.org).



## Al E Gator's Favorite Things

- ✖ Snacking
- ✖ Drinks with little umbrellas
- ✖ Lounging in the sun
- ✖ Recycling
- ✖ Ponds, marshes, swamps, and lakes
- ✖ Being treated special by Green Team Challenge winners!

October Collection	Total	19.75 lbs.	November Collection	Total	33.7 lbs.	December Collection	Total	75.45 lbs.
Company / Name		Weight in lbs.	Company / Name		Weight in lbs.	Company / Name		Weight in lbs.
<a href="#">Disney's Magical Express (DME)</a>		<b>5.6</b>	<a href="#">jetBlue Airlines</a>		<b>5.1</b>	<a href="#">FlagShip</a>		<b>26.3</b>
GOAA Finance		4.5	Swissport		4.55	GOAA Finance / Risk Management		24.05
GOAA Risk Management		3.1	GOAA Finance		4.45	Disney's Magical Express (DME)		15.25
GOAA Purchasing		2.5	Southwest		4.3	GOAA Purchasing		3.7
GOAA AOC		1.8	GOAA IT		4.25	GOAA Commercial Properties		1.55
GOAA Executive Offices		1.1	Disney's Magical Express (DME)		3.45	GOAA Permit Dept.		1.15
Information Center/Juana Jimenez		.65	GOAA Permit Dept.		3.15	GOAA Maintenance		.55
GOAA Commercial Properties		.35	GOAA Maintenance		1.6	Unknown		.55
Orlando Executive Airport		0.15	Adacel Systems Inc.		1.1	Orlando Executive Airport		0.5
			GOAA AOC		.85			
			GOAA Commercial Properties		.65			
			Orlando Executive Airport (ORL-OEA)		.25			



Disney's Magical Express



jetBlue Airlines



FlagShip

## Join Us!

Would you like to part of the Green Team? The Airport Green Team is an all-volunteer committee of airport employees who meet periodically. Please contact Judith-Ann Jarrette at [Judith-ann.jarrette@goaa.org](mailto:Judith-ann.jarrette@goaa.org) or Anita Lemmon [alemmون@goaa.org](mailto:alemmون@goaa.org) for details.

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# Green Roots Around the Airport



**BEST**  
Workplaces  
for Commuters<sup>SM</sup>

## GOAA Receives National Designation as Best Workplaces for Commuters<sup>SM</sup> in 2017!

The Greater Orlando Aviation Authority has been named one of the Best Workplaces for Commuters<sup>SM</sup> in 2017 for offering exceptional employee-provided commuter benefits that meet the National Standard of Excellence criteria.

"GOAA is on the cutting edge of a national movement," said Julie Bond, Program Manager, Best Workplaces for Commuters. "GOAA offers a range of commuter benefits such as subsidizing bus fares, carpooling programs and access to Emergency Ride Home programs – benefits that are good for the company and its employees."

GOAA is among only 229 workplaces in the United States that have committed to employee-provided commuter benefits that result in at least 14 percent of their employee base not driving alone to work within a 12-month period.

### About Best Workplaces for Commuters<sup>SM</sup>

Best Workplaces for Commuters<sup>SM</sup> is the national authority on recognizing and assisting workplaces that provide exceptional commuter benefits to employees, and is managed by the [Center for Urban Transportation Research \(CUTR\)](#) at the University of South Florida with support from the National Center for Transit Research (NCTR) and the Florida Department of Transportation

Phase I  
Lynx Bus



Phase 2  
Sunrail



Directors  
Transit Training  
with reThink  
January 2017



Phase 3  
Lynx Station  
& Juice Bikes

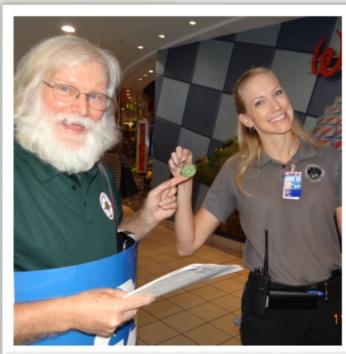
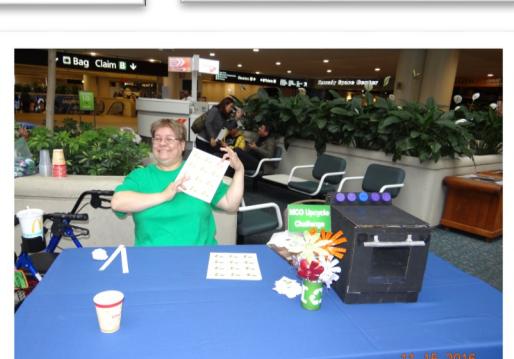
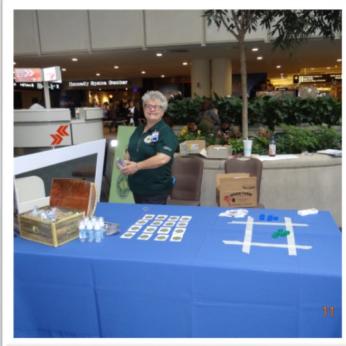


Phase 4  
Back to  
Work via  
Bus



# More ARD Photo Ops!

Looking for more? Check out our vendors on pages 9-10!





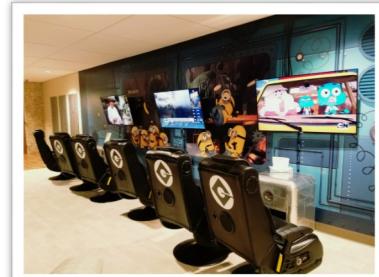
# Green Roots Around the Airport



## MCO Opens USO Welcome Center

By Sheila Di Pace, Southwest Airlines

The new state of the art Orlando Airport USO Welcome Center celebrated its grand opening this fall. Annamae Kacsandi, who oversees the center, has been working very hard, along with many volunteers, to make this haven for our traveling military a roaring success. "It's a lot of work but well worth it, when you see their families relaxing and getting to spend quality time together here," Annamae said. Since 1941 the USO has been serving our active military across the globe—solely via donations, which is a tremendous task. This requires a lot of volunteer support. Here in Florida we have a second USO Airport Welcome Center in Tampa, altogether serving 14 counties. Our Orlando Center is a comfortable size of 3,100 square feet and accommodates up to 75 guests at a time. It has beautifully designed spaces to relax, work, play or eat, with stunning photography throughout. Besides a family room it has a snack bar, kitchen, business center, children's play room, gaming center and a large quiet room thanks to the creativity and dedication of corporations such as Coca Cola, Universal Studios and Disney just to name a few. There are many others who contribute their time and talents to the USO. How about you? Just stop by the Welcome Center, located on level 1, side A, just beyond the car rental counters. You can also go to [www.volunteers.uso.org](http://www.volunteers.uso.org) or call 407 483 4855. Annamae is a very busy lady but can also be reached at 407 825 8761 for more information. Donations are always accepted both at the Welcome Center or online. The center is open from 6 am to 10 pm daily. Active duty military and their families are all welcome and retired service members and vets are accepted on a space available basis.



## Take A Walk, Eh!

By Judith-Ann Jarrette, GOAA Operations

Here's an interesting fact: you won't see any NATO fighter jets conducting training flights when the outside temperature is -89 degrees Fahrenheit.

You might wonder how I know this. Despite what cruel tricks the future might have in store for my brain, I think I can say with certainty that I will never forget the day when, as an Air Traffic Controller in the Canadian Air Force, I went from Christmas with my family in Ottawa, the temperature a balmy 23 degrees, back to work in Goose Bay, Labrador, where the temperature was, you guessed it, 89 degrees below zero. The reason why the fighter pilots were grounded was – and I'm not making this up – in the event that they had to eject from the aircraft, they would be severely frostbitten before their parachutes brought them safely to Earth, and they probably wouldn't survive long enough for a rescue operation to reach them.

I was thinking about that because I have been feeling a little cold lately, what with it being winter in Orlando and all.

Of course, "winter" brings great joy to most Floridians, and what better way to enjoy winter than to get out in it! So now is the time to rethink how you conduct meetings. By holding a walking meeting once a month, you can finally put that Fit Bit you got last Christmas to good use. There are really only two requirements to holding a walking meeting: you must be able to walk AND you must be able to talk (and listen – OK, that's three things) at the same time!

Moving about during the work day can go a long way towards improving your physical fitness as well as your intellectual performance. But don't take my word for it; there is a whole lot of science to back this up. A quick web search will find all sorts of reports prepared by very big brains that shout sentences like, "Walking is known to have tremendous health benefits!"

But in truth, just one walking meeting per week can help meet the targeted goals for physical activity set by the American Heart Association. My favorite report describes in punishing detail how movement and exercise stimulate blood flow throughout the body, increasing both energy and attentiveness. Now I don't know about you, but anything that will help me to avoid another embarrassing moment when I wake up in a meeting to discover everyone staring at me expectantly is a GOOD thing. Personally, I simply love being outside in the fresh air; just the change of scenery from office walls does me a world of good.

So take a look at your calendar for next week and consider turning one of those meetings into a walk and talk. Feel a need to disengage and recharge? Organize a lunchtime walking group — just be sure to check that flying training hasn't been cancelled!



# Thank you to our America Recycles Day vendors!



) 15 lightyears



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